

McCarthy-Towne Enrichment Program Spring 2017



Paper Quilling

McCarthy-Towne Enrichment Program

2016-2017

Session 3

Welcome to Session 3 of the McCarthy-Towne Enrichment Program, co-run with A-B Community Education. This program is a great way for kids to enjoy some fun time playing sports or learning a new skill.

- Registration is done through the Community Education office on a first-come, first-served basis. You may register over the phone by calling 978-266-2525, fill out the registration form and mail or drop it off to Community Education, or fax the form to 978-266-2540.
- Registration begins online as of Saturday, March 4. You can call the office to register on Monday, March 6.
- We reserve the right to cancel a class if it does not have sufficient enrollment and will refund tuition, paid in full. **REFUNDS WILL NOT BE GIVEN FOR ANY OTHER REASON.**

Please Note: If school is cancelled there will be no enrichment courses offered for that day. Please check the Acton-Boxborough School District website for the latest weather cancellation updates. We will try to reschedule any missed classes.

If you have any questions, please contact:

Tracey Smith, (978) 264-3377, tsmith@abschools.org

Bernadette Keegan, (978) 264-4700 x 3986, bkeegan@abschools.org

Junior Jazzercise (Grades 3-6)

Instructor: Kristine Adolph
Day/Time: Wednesday, 8:05-9:05 am
Class Dates: 3/15, 3/22, 3/29, 4/5, 4/12, 4/26,
5/3, 5/10, 5/17, 5/24
Location: McT Gym
Class Limit: 4 Minimum/20 Maximum
Cost of Course: \$150



Kids get to work it out with beat-pumping music, easy-to-follow dance moves and interactive fitness games designed just for them. It's a high energy dance party for kids. We get them moving with heart-pumping cardio, strength moves, fitness games and new music mixes. Your children will get an outlet for their energy, a boost of confidence and an awesome workout for their bodies. You'll know they're building their balance, strength, agility and fitness - but to the kids these dance fitness classes are just FUN! *Kristine has been a Certified Junior Jazzercise and Jazzercise Instructor for 7 years. She loves sharing her passion for health and fitness with children and adults.*

Course Code: **McTJAZZSP17**

Video Game Design (Grades 3-6)

Instructor: Daniel Strauss, Empow Studios
Day/Time: Tuesday, 8:05-9:05 AM
Class Dates: 3/21, 3/28, 4/4, 4/11, 4/25, 5/2, 5/9, 5/16
Location: Library - McT Side
Class Size: 8 Minimum/12 Maximum
Course Fee: \$200



Go from gamer to designer. Kids love playing video games, but they have even more fun playing games designed by them and their friends! One of our most popular classes, Video Game Design encompasses storytelling, pixel art, and object-oriented programming, all through a user-friendly, 2D game design platform. Our non-violence policy keeps the games cringe-free and shareable once the kids bring their games home for you to play!

Course Code: McTVideosP17

Mountain Biking (Grades 3-6)

Instructor: Adam Nolde
Date/Time: Thursday, 1:00-3:00 PM
Class Dates: 3/16, 4/6, 5/4, 5/18, 6/1, 6/15
Location: AB School Campus
Class Size: 5 Minimum / 12 Maximum
Cost of Course: \$150



Participants in this exciting new offering will learn skills needed to comfortably and confidently prepare for and complete strenuous off road mountain bike rides. This includes: How to safety check a bike and equipment and make adjustments when needed. Safety and etiquette for multi-use trails. Techniques for starting, stopping and cornering safely and effectively. How to ride safely in a group and inform other riders of trail features and hazards. Proper hydration and nutrition before, during and after exercise. Participants will get a ton of exercise, have fun, and develop a love for cycling in a safe and friendly group setting. Prerequisites: Children should be able to mount, ride, stop and dismount a pedal bicycle without assistance.

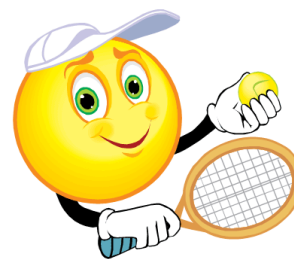
What to bring: a bike designed for off-road use with properly working brakes, gears, and inflated tires; a helmet; appropriate clothing for the day's weather (class will only be canceled if weather is extreme); a healthy lunch and snack; and a water bottle.

Adam Nolde is a McT parent and an avid mountain biking enthusiast. He currently coaches a team through the New England High School Cycling Association (NEHSCA).

Course Code: McTBIKES17

Quick Start Tennis (Grades K-4)

Instructor: Marcus Lewis Tennis Staff
Date/Time: Tuesday, 8:05-9:05 AM
Class Dates: 3/14, 3/21, 3/28, 4/4, 4/11, 4/25, 5/2, 5/9
Location: Gymnasium
Class Limit: 4 Minimum /8 Maximum
Cost: \$128



QuickStart tennis is the newest rage sweeping the junior tennis world! The program has become a popular enrichment class at Schools in Stow, Littleton and Groton where it was introduced by the Marcus Lewis Tennis Center (MLTC) and now we are bringing it back to McCarthy-Towne! This program allows younger children to play tennis using a smaller court, softer balls and other specialized equipment. Kids are extremely engaged and they learn skills that can be applied to more advanced techniques as they improve. All equipment is provided! Children do not need to bring a racquet. *The MLTC has been offering high-level tennis instruction in Acton for over 16 years and the program was one of the first in the area to offer QuickStart methods.*

Course Code: McTTENNISP17

Spanish (Gr. 1-5)

Instructor: Global Child Staff
Day/Time: Friday, 8:05-9:05 am
Class Dates: 3/17, 3/24, 3/31, 4/7, 4/28, 5/5, 5/12, 5/19, 5/26, 6/2
Location: McT Music Room
Class Limit: 8 minimum/15 maximum
Cost: \$180



All NEW material and booklets! Students continue with numbers 50-100, days of the week, months of the year. Topics covered include the alphabet, the family, phrases like, "Are you hungry, sleepy, thirsty," plus days of the week, feelings, pets, directions and more. All vocabulary is introduced with visuals, manipulatives, and movement and reinforced with songs, games and handouts. Beginners are welcome, but we do adjust the curriculum for returning students to encourage vocabulary development.

COURSE CODE: McTSPANISHSP17

Paper Quilling (Grades 3-6)

Instructor: Padma Balaji
Day/Time: Tuesday, 8:05-9:05 AM
Class Dates: 3/14, 3/21, 3/28, 4/4, 4/11, 4/25, 5/2, 5/9
Location: Library - McT Side
Class Size: 6 minimum/10 maximum
Cost of Course: \$100



Quilling is an ancient art form which is getting very popular again. It involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. Come learn the basic to advanced techniques of how the paper can be rolled, looped, curled, twisted and otherwise manipulated to create different shapes which make up designs to decorate greetings cards, pictures, scrap books, boxes, 3D models and to make jewelry, etc. Once you master the basics you will find yourself opening up to a world of creative projects. You will learn the technique and create different projects based on your skill level. Padma Balaji is an expert in quilling, painting, food art, and much more. Her creative mind has led her to complete pieces that are works of art. She has also won and juried many competitions and is a patient and skilled teacher who loves sharing her passion with others as well.

COURSE CODE: McTQUILLSP17

3D Design and 3D Printing (Grades 4-6)

Instructor: Creation Station Staff
Day/Time: Friday, 8:05-9:05 AM
Class dates: 3/24, 3/31, 4/7, 4/28, 5/5, 5/12, 5/19, 5/26
Location: Library - McT Side
Class Size: 4 Minimum / 8 Maximum
Course Fee: \$160



In this course students will learn to create 3 Dimensional (3D) Models of solids using Tinkercad - free online software from Autodesk. Students will go through a series of challenges of creating 3D Models ranging with varying levels of difficulty. Students will gain an understanding of different methods of 3D printing and in detail the Fused Deposition Model (FDM) and complete in a final challenge to showcase their 3D Printed creation.

Course Code: McT3DSP17